

# Bernina World of Sewing – Saturday Sampler

## Borders and Sashing

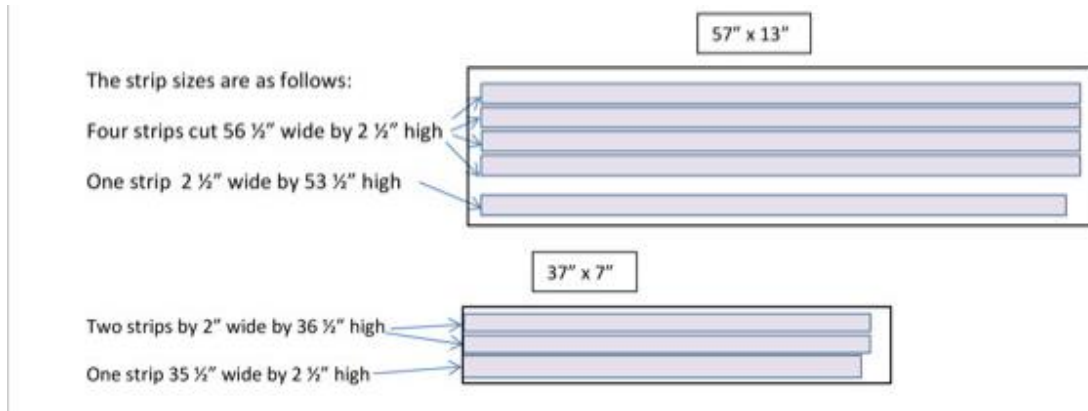
---

### *Sashing Strips for Assembling the Quilt*

---

There are several long sashing strips needed to set the quilt together. They are indicated by the light purple fabric. In the sample quilt, they are the light background fabric. If you are planning to use your light background fabric for these, you might want to set aside the fabric for these strips to avoid having to piece them later.

- Before you cut anything else, cut a piece at least 57" x 13" parallel to the selvage.
- Then cut a piece at least 37" x 7".
- Subcut according to the diagram below.



Bernina World of Sewing – Saturday Sampler  
Borders and Sashing

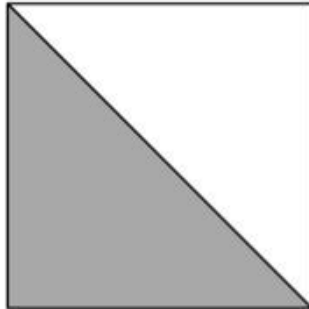
---

*Half-Square Triangle Border*

---

**Extra Sections 1 and 2**

When cutting these fabrics, it can help to stabilize your fabrics with spray starch or a starch alternative. We recommend "Best Press".



Finished" block size 4" x 4"  
(trim to 4 1/2" x 4 1/2")



Top Row – fourteen HST's, finished 4" high by 56" wide



Bottom Row – fourteen HST's, finished 4" high by 56" wide

**Please note – These may be done at your convenience!**

You will be constructing two rows of 4" finished Half Square Triangle blocks.

You need 14 blocks for each row.

You can get 2 HST's from each 4 7/8" square of the batik fabrics.

Therefore you will need 14 assorted fabric squares to make both rows.

The colors in the diagrams above are just a representation. Please distribute your colors as you like. The colors in the two rows do not need to "match". It is your quilt, your choice!

Bernina World of Sewing – Saturday Sampler  
Borders and Sashing

---

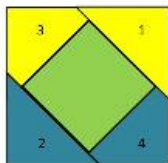
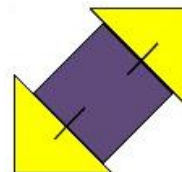
*Square-In-A-Square*

---

For square-in-a-square (Sq<sup>2</sup>) units, it is important that the center square be cut accurately at 2 5/8" and that you use accurate 1/4" seams when adding the triangles. To make the triangles, cut two 2 3/4" squares, then cut each in half diagonally. The triangle measurements are slightly larger than necessary to allow for accurate trimming. You will need to make 12 units, all with the triangles in light background fabric, and the center squares in random colors that please you.

Mark the center of each edge of the square by creasing the fabric being careful not to stretch it. Mark the center of the long edge of the triangles in the same way.

Match the center line of one triangle to the center line on one side of the square. Stitch with the square on top for better accuracy and press away from the square. Sew a second triangle to the opposite side of the square and press.



Add the remaining two triangles. Press away from the square. Trim the square to 3 1/2". If you do not have the Square<sup>2</sup> Ruler, try to trim your block so you have a 1/4" seam allowance beyond each of the points of the square.

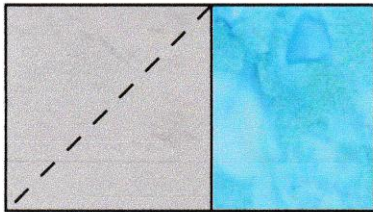
Bernina World of Sewing – Saturday Sampler  
Borders and Sashing

*Flying Geese*

As in the Square<sup>2</sup> border, the Flying Geese border uses the light background fabric for the outer triangles and your choice of colors for the central triangles. You will need to make 18 Flying Geese units trimmed to 2 ½" x 4 ½". You may choose whatever method you prefer for making Flying Geese – remember that your finished unit will be 2" x 4".

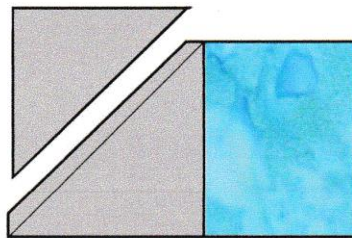
For each unit, the following cutting instructions allow for slightly larger measurements to allow for accurate trimming:

- Cut two 2 ¾" squares of the background
- Cut one 2 ¾" x 4 ¾" rectangle of the colored fabric

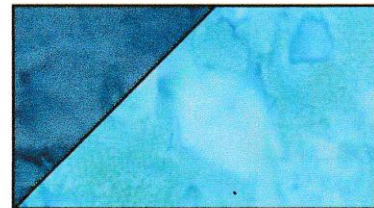


Take a Fabric-1 Rectangle and a Fabric-2 Square (Right-Side on Right-Side) and put the square on the left side of the rectangle.

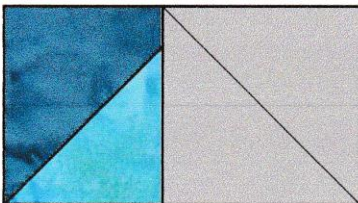
Pin and sew along the marked diagonal line.



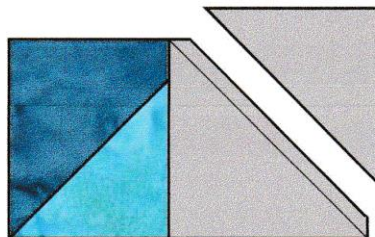
Cut through both fabrics, ¼" away from the stitched line.



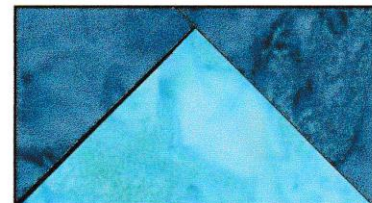
Flip the Fabric-2 and Press. Here is what you should have!



Again: Take a Fabric-1 Rectangle and a Fabric-2 Square (Right-Side on Right-Side) and put the square on the right side of the rectangle.



Cut through both fabrics, ¼" away from the stitched line.



Flip the Fabric-2 and Press. (Trim to 2 ½" x 4 ½" if necessary). Here is what you will have!

Trim the unit to 2 ½" x 4 ½" being sure to leave a ¼" seam allowance at the upper point and having the seams meet exactly at the bottom corners.